Monday 12/16	Tuesday	Wednesday	Thursday	Friday
Health-9	Health-9	Health-9	Health-9	Health-9
Standards	Standards	Standards	Standards	Half day with musical assembly
10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	and volleyball tournament.
impact growth and development				
during adulthood and late				
adulthood.	adulthood.	adulthood.	adulthood.	
10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	
impact the body systems and				
apply protective/preventive	apply protective/preventive	apply protective/preventive	apply protective/preventive	
strategies.	strategies.	strategies.	strategies.	
10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	
products and services that	products and services that	products and services that impact	products and services that	
impact adult health practices.	impact adult health practices.	adult health practices.	impact adult health practices.	
10.2.12.C—Compare & contrast	10.2.12.C—Compare & contrast	10.2.12.C—Compare & contrast	10.2.12.C—Compare & contrast	
the positive and negative effects				
of media on adult personal	of media on adult personal	of media on adult personal health	of media on adult personal	
health and safety.	health and safety.	and safety.	health and safety.	
Objectives	Objectives	Objectives	Objectives	
Students will demonstrate	Students will watch a video	Students will be able to define	Students will be able to define	
mastery of concepts related to	illustrating concepts relating to	lifestyle disease; identify risk	tumors, carcinogen, malignant,	
ilifestyle diseases on a written	the spread of infectious	factors for lifestyle diseases;	and benign; identify warning	
assessment.	diseases.	describe cardiovascular	signs of cancer; describe how	
Assignment	Assignment	diseases; describe actions that	cancer is detected and treated;	
In class—Written assessment	In class— <u>Contagion</u>	can reduce the risk of poor	explain ways to reduce risk of	
Take home & return—None	presentation	cardiovascular health.	developing cancer.	
Upcoming event	Take home & return—None	Assignment	Assignment	
None	Upcoming event	In class—Notes & discussion	In class—Notes & discussion	
	None	Take home & return—None	Take home & return—None	
		Upcoming event	Upcoming event	
		None	None	
PE-11		PE-11		PE-11
Standards		Standards		Half day with musical assembly
10.4.12.A—Evaluate and		10.4.12.A—Evaluate and engage		and volleyball tournament.
engage in an individualized		in an individualized physical		
physical activity plan that		activity plan that supports		
supports achievement of		achievement of personla fitness		
personla fitness and activity		and activity goals and promotes		
goals and promotes life-long		life-long participation.		
participation.		10.4.12.D—Evaluate factors that		
10.4.12.D—Evaluate factors that		affect physical activity and		
affect physical activity and		exercise preferences of adults.		

				<u> </u>
exercise preferences of adults.		10.4.12.E—Analyze the		
10.4.12.E—Analyze the		interrelationships among regular		
interrelationships among regular		participation in physical activity,		
participation in physical activity,		motor skill improvement, and the		
motor skill improvement, and the		selection and engagement in		
selection and engagement in		lifetime physical activities.		
lifetime physical activities.		10.5.12.A—Apply knowledge of		
10.5.12.A—Apply knowledge of		movement, movement skills, skill-		
movement, movement skills,		related fitness, and movement		
skill-related fitness, and		concepts to identify and evaluate		
movement concepts to identify		physical activities that promote		
and evaluate physical activities		personal lifelong participation.		
that promote personal lifelong		10.5.12.B—Incoroporate and		
participation.		synthesize knowledge of motor		
10.5.12.B—Incoroporate and		skill development concepts to		
synthesize knowledge of motor		improe the quality of motor skills.		
skill development concepts to		10.5.12.C—Evaluate the impact		
improe the quality of motor skills.		of practice strategies on skills		
10.5.12.C—Evaluate the impact		development and improvement.		
of practice strategies on skills		10.5.12.F—Analyze the		
development and improvement.		application of game strategies for		
10.5.12.F—Analyze the		different categories of physical		
application of game strategies		activities.		
for different categories of		Objectives/Assignment		
physical activities.		Students will engage in volleyball		
Objectives/Assignment		activities.		
Students will engage in		Upcoming event		
volleyball activities.		None		
Upcoming event				
None				
PE-8	PE-8	PE-8	PE-8	PE-8
Standards	Standards	Standards	Standards	Half day with musical assembly
10.4.9.A—analyze and engage	10.4.9.A—analyze and engage	10.4.9.A—analyze and engage in	10.4.9.A—analyze and engage	and volleyball tournament.
in physical activities that are	in physical activities that are	physical activities that are	in physical activities that are	
developmentall/individually	developmentall/individually	developmentall/individually	developmentall/individually	
appropriate and support	appropriate and support	appropriate and support	appropriate and support	
achievement of personal fitness	achievement of personal fitness	achievement of personal fitness	achievement of personal fitness	
and activity goals.	and activity goals.	and activity goals.	and activity goals.	
10.4.9.D—Analyze factors that	10.4.9.D—Analyze factors that	10.4.9.D—Analyze factors that	10.4.9.D—Analyze factors that	
affect physical activity	affect physical activity	affect physical activity	affect physical activity	
preferences of adolescents.	preferences of adolescents.	preferences of adolescents.	preferences of adolescents.	
10.4.9.E—Analyze factors tha	10.4.9.E—Analyze factors tha	10.4.9.E—Analyze factors tha	10.4.9.E—Analyze factors tha	
		TOTAGE AND ZO ROUTS UID		

K. Barry Lesson Plans-- 12/13/2019

impact the relationship between	impact the relationship between	impact the relationship between	impact the relationship between	
regular participation in physical	regular participation in physical	regular participation in physical	regular participation in physical	
activity and motor skill	activity and motor skill	activity and motor skill	activity and motor skill	
improvement.	improvement.	improvement.	improvement.	
10.5.9.A—Describe and apply	10.5.9.A—Describe and apply	10.5.9.A—Describe and apply	10.5.9.A—Describe and apply	
the components of skill-related	the components of skill-related	the components of skill-related	the components of skill-related	
fitness to movement	fitness to movement	fitness to movement	fitness to movement	
performance.	performance.	performance.	performance.	
10.5.9.B—Describe and apply	10.5.9.B—Describe and apply	10.5.9.B—Describe and apply	10.5.9.B—Describe and apply	
concepts of motor skill	concepts of motor skill	concepts of motor skill	concepts of motor skill	
development that impact the	development that impact the	development that impact the	development that impact the	
quality of increasingly complex	quality of increasingly complex	quality of increasingly complex	quality of increasingly complex	
movement.	movement.	movement.	movement.	
10.5.9.C—Identify and apply	10.5.9.C—Identify and apply	10.5.9.C—Identify and apply	10.5.9.C—Identify and apply	
practice strategies for skill	practice strategies for skill	practice strategies for skill	practice strategies for skill	
improvement.	improvement.	improvement.	improvement.	
10.5.9.F—Describe and apply	10.5.9.F—Describe and apply	10.5.9.F—Describe and apply	10.5.9.F—Describe and apply	
game strategies to complex	game strategies to complex	game strategies to complex	game strategies to complex	
games and physical activities.	games and physical activities.	games and physical activities.	games and physical activities.	
Objectives/Assignment	Objectives/Assignment	Objectives/Assignment	Objectives/Assignment	
Students will engage in	Students will engage in volleyball	Students will engage in volleyball	Students will engage in volleyball	
volleyball activities.	activities.	activities.	activities.	
Upcoming event	Upcoming event	Upcoming event	Upcoming event	
None	None	None	None	